

ALAGRAM

75 Years, One Purpose, • 75 años, un propósito • 75 ans, un but

The N.J. Assembly will be held as a hybrid meeting:
Saturday, March 7, 2026, 10AM- 3PM EST
All Al-Anon members are welcome!

In Person: Stone Hill Church, 1025 Bunn Drive, Princeton, NJ 08540

Zoom Link: <https://us02web.zoom.us/j/5409369578?pwd=GWA6uRJRI04OaQNHt3KXAxSQ1LuTb6.1&omn=86013204351>

Zoom Meeting ID: 540 936 9578, **Password:** Assembly

Once logged into the Assembly meeting, change your name (Rename feature) to: Service voting position, district number, first name, last name initial, any additional service positions (no commas). For example: GR 6 Mike L. Public Outreach.

HIGHLIGHTS FROM THE NOVEMBER 2025 ASSEMBLY

Officers

Chairperson, Katie O.: Meetings attended include Budget Committee for 2026, Delegates Panel 62 meeting, NJ Board of Trustees meeting, AA Area 44 Convention, and Area World Service Committee (AWSC). There is a new lease with Lackland Access Self Storage in Manahawkin. The Assembly credit card from Bank of America is activated. Responded to many emails. There is still a vacancy for a District Representative (DR) for District 10, New Jersey's Electronic District.

Delegate, Peter M.: Discussed three items for consideration and feedback: World Service Committee (WSC) policy for choosing a group name; electronic Alateen safety and behavior requirements, and single process trustee selection. Will be attending the World Service Conference April 20-24 in Virginia Beach, followed by a 75th Anniversary celebration in Newport News, Virginia. Email Peter topics for discussion at the Conference and he will submit them in March 2026. Presented donations from Districts to World Service Organization (WSO) from January through June 2025.

Alternate Delegate, Cathy B.: Attended the AWSC meeting, four Thought Force meetings to discuss Future AWSC and Assembly Meeting Formats, and a Public Outreach meeting. Received the new insurance policy in March 2025. As of September 2025 there are 50 requests for Al-Anon meeting and event insurance. Groups may request a certificate at any time, and at no cost. As of October, Forum sales were 278 subscriptions and 282 copies.

Corresponding Secretary(CS)/Group Records Coordinator (GRC), Carrie H.: Attended an Officers Meeting, sent mailing labels for Alagram, Calendar, and Treasurer's appeal letter, worked with District and Group Representatives to resolve queries, and updated the Towns by District Report. There are 264 active Area Al-Anon Groups of which eleven are Alateen. Eighteen groups do not have a CMA email address on record.

Recording Secretary, Kasey M.: Attended the Area Financial Audit held March 8. Transcribed, edited and posted the Assembly minutes from March 1, 2025. Posted results of the Financial Audit. Other minutes are in process.

Treasurer, Ken S.: Posted Area financial statements as of October 31, 2025. The checking and savings account had a balance of \$8,152.67 and \$19,234.63, respectively. Total cash balance was \$27,387.30. Area expenses continue to be processed with most under budget. Year to date contributions are \$19,352.20, which is 120.57% of the annual budgeted goal. The second Appeal letter was mailed in October 1. Discussions on a separate savings account for excess funds continue.

Coordinators

Alagram, AnnaMarie T.: Wrote, Printed and mailed 264 hard copies and 193 electronic copies of the Fall 2025 edition. Total costs for this edition were \$270.46.

Alateen, David A.: Held Al-Anon Member Involved in Alateen Service (AMIAS) meetings in June and November. Alateen program was recertified in June; 59 applications approved, 62 people completed training. Outreach efforts included the AA Area 44 Conference, and Unity Day. Two Alateen meetings opened, while one closed. Efforts to update the training materials continue with a February 7, 2026 completion goal.

Archives, Jenn F.: Events included quarterly Archives Coordinator Meetings, and AA Area 44 Convention. Future efforts include the AA Area 45, and the Eastern Area Convention of Young People in Alcoholics Anonymous Conventions in March 2026.

Literature, Peter D.: The 2026 Al-Anon Calendar was distributed in person to Group Representatives (GR) who attended the November 2025 Assembly. If the GR was not an in-person attendee, the calendar was mailed to the group's current contact mailing address. *Intimacy in Alcoholic Relationships* has been re-released in digital format. WSO invites sharings for Al-Anon Faces Alcoholism (AFA) and the Forum. The next Service Manual will be available January 2026. Expenses for calendar publication are expected to be comparable to last year.

Public Outreach, Mike L.: Attended the New Jersey Prevention Network Conference, and NJ School Counselor Association Conference in June and September, respectively. Met with WSO to exchange ideas on public outreach. Has two-sided, bilingual, business cards to provide to police and first responders. Two Public Outreach requests from Trenton area were promptly taken care of. Currently planning an outreach at Rutgers. Area Public Outreach efforts and ideas continue.

Technology, Cliff R.: Hardware needs have been met. No other technology equipment is planned for 2025. Created training videos for Zoom attendees on how to prepare for AWSC and Assembly meetings. The videos were published to all attendees. Suggested more lead-time to formalize roles for Zoom and Hybrid AWSC and Assembly meetings.

Website, Jennifer B.: Discussed Area website statistics. Added events, Forum articles, and Alagram to the Area Website. Updated website plug-ins and themes as needed. Renewed website security. Reminder that event flyers should not contain personal information and must be approved by Katie O. and Peter M. prior to website publishing. Attended Thought Force meetings for Online Donations.

District Representatives

District 1 (Hunterdon/Warren, Mickey S.): Held an outreach event October 4th. Has new Group Representatives in Frenchtown and Hackettstown. In process of recruiting key positions. Formed a Thought Force for developing the methodology for local AFG Outreach events.

District 2 (Morris/Sussex), Lynne M.: Reported 21 Active and 6 inactive groups. Will be attending meetings without a Group Representative to encourage the group to elect one. Invited to Pompton Lakes Day of Sharing. In planning stage of a District Newsletter. Has Two Alateen meetings. Butler Alateen is inactive.

District 3 (Bergen/Passaic), Debbie F.: Reported 25 in-person meetings, 3 electronic, and 2 Alateen meetings. Created business cards for police outreach. Electronic Alateen has converted to hybrid to conform with WSO requirements. Groups discussed the group naming policy; most groups prefer to keep the policy as it had been. Updated and distributed meeting list.

District 4 (Essex/Hudson/Union), Patty V.: Excused absence.

District 5 (Mercer/Middlesex/Somerset), Anne P.: Reported 47 total meetings of which 9 are electronic and 2 are virtual. Attended Area Public Outreach on September 23. Distributed District Newsletter. Updated Meeting List. Created business cards for Public Outreach events. Public Outreach events included National Night Out, AA Picnic, International Overdose Awareness, and NAMI Mercer Harvest of Hope. Unity Day 2025 was a success.

District 6 (Monmouth), Jess A.: Has had a couple district meetings since last Assembly. Has a District Secretary now. Will be having a Forum Writing Workshop in a couple weeks. Had a District picnic in August.

District 7 (Ocean), Eileen R.: Reported 28 active groups. Has one Alateen. District is planning a workshop for Spring 2026. Efforts to increase participation include distributing a District Survey and hosting an organizational Zoom Meeting. Business cards created and provided to police and county. Met with Student Assistance Coordinators to talk about Alateen. Attended meetings to encourage service. Is on Thought Force for future AWSC and Assembly meetings.

District 8 (Burlington/Camden/Gloucester), Tina H.: Reported 24 Al-Anon Groups and 3 Alateen. Paulsboro Community Day was a success. Has a request from Paulsboro High School to start a new Alateen meeting. Updated meeting list. Planning a workshop for Fall 2026.

District 9 (Atlantic/Cape May/Cumberland/Salem), Kathleen I.: Reported 17 Al-Anon meetings. Currently no Alateen meetings but hopeful one will be established soon.

District 10 (Electronic Group District), DR Vacant, Mark McP filling in: District 10 continues to communicate but does not currently have a District Representative. Hopeful someone will step up. Planning a virtual day of sharing for Spring 2026.

Liaisons

North Jersey Information Services (NJIS), Mark McP.: Current compensated staff member is leaving and will be moving toward a voluntary staffing model. Participated in AA area 44 Annual Convention. Continues outreach to South Jersey Al-Anon and Alateen. Continues New Jersey Area Information Services Meeting List format for their website and requested meeting list updates from District Representatives. Steering Committee continues to meet via Zoom. Service opportunities are available.

Al-Anon Representatives to AA Conventions

AA Area 44, Christina M.: Christina thanked the volunteers for help making the day a success. There were several workshops. Materials forwarded to the Archivist. Committee meetings will now be hybrid. There are several open service opportunities for the 2026 convention, which will be held September 25-27, 2026.

AA Area 45, Mary-Teresa U.: The 60th Anniversary, 2026 Area 45 Convention will be March 20, 2026 at Bally's, Atlantic City. Registration opened November 2025. So far, the Al-Anon Speaker and Al-Anon Meetings Chair positions have been filled. Provided log-in credentials if interested in attending a planning committee meeting.

Old Business

Three Thought Forces (ThF) established, one discussion:

- ThF on Disallowance of Area Assembly Officers and Coordinators to sit as voting members on other area service arms. Has met once and discussed how the policy came about. They are getting the history of the policy together, and request more members for this Thought Force.
- ThF on Meeting Format(s): AWSC and Assembly; In-Person, Virtual or Hybrid. Have had regular meetings. Assembly attendance records have been reviewed, and a survey has been sent to GRs and AWSC members. Requested a deadline extension so they can review November 2025 Assembly attendance. Plans to present recommendations at March 2026 Assembly Meeting.
- ThF on Online Donations through New Jersey's Website and Online Individual Member Donations. Has met once and will continue to meet monthly. Will be sending out surveys to GRs and DRs. May need until March or June 2026 Assembly to present findings.

New Business

The following agenda items were approved:

- June 7, 2025 Assembly Minutes as presented/amended.
- 2026 Proposed Budget, Draft 5, as presented.

Ask-It Basket

Why not just make Assembly meetings quarterly and in-person? Some GRs can't get here in person. We currently have a Thought Force examining meeting options.

Why do GRs only vote on Assembly Minutes? Because GRs have a vote at Assembly Meetings, while DRs vote at AWSC meetings.

Why not accommodate hearing impaired at Assembly Meetings? Zoom can assist with hearing impairment. In person, it is up to the member to bring an interpreter or use a cochlear implant.

Looking Ahead to March 2026 Assembly

- Update from Thought Force on the Area Accepting Website Electronic Donations
- Recommendation from Thought Force on Future AWSC and Assembly Meeting Formats and Locations Venues