

ALAGRAM

75 Years, One Purpose, • 75 años, un propósito • 75 ans, un but

The N.J. Assembly will be held as a hybrid meeting:
Saturday, June 6, 2026, 10AM- 3PM EST
 All Al-Anon members are welcome!

In Person: Stone Hill Church, 1025 Bunn Drive, Princeton, NJ 08540
 Please bring a bag lunch (nut free facility) - There will be refreshments in the morning

Zoom Link: <https://us02web.zoom.us/j/84046157008?pwd=RURUZl2AN5MGT7lPlnaraTaPnbjP.1>

Zoom Meeting ID: 840 4615 7008, **Password:** ASSEMBLY

Once logged into the Assembly meeting, change your name (Rename feature) to: Service voting position, district number, first name, last name initial, any additional service positions (no commas). For example: GR 6 Mike L. Public Outreach.

HIGHLIGHTS FROM THE MARCH 2026 ASSEMBLY

Officers

Chairperson, Katie O.: Attended Thought Force (ThF) meetings on Disallowing Officers and Coordinators as Voting Board Members on Other NJ Service Arms. Attended Panel 62 Delegates Meeting in November. Hosted and chaired the Al-Anon Family Groups Connects Meeting for Chairpersons. Panel 65 has a vacancy for Technology Coordinator and District 10 Representative. The ThF on Disallowing NJ Assembly's Officers and Coordinators to be Voting Board Members on Other NJ Service Arms needs additional members. Responded to emails and enjoyed carrying the message.

Delegate, Peter M.: This year's 66th World Service Conference will be April 20-24, 2026. Three items for discussion will be Choosing a Group's Name Policy, Electronic Alateen Safety and Behavior Requirements, and Single Process Trustee Selection. After the conference, there will be a 75th birthday celebration of Al-Anon. Feel free to send Peter an email if you have a topic you would like discussed.

Alternate Delegate, Cathy B.: Meetings attended include the Officers Board of Trustees, Area World Service Conference (AWSC), Thought Force meetings on Future AWSC Meetings, and Public Outreach. There are 58 meetings and events that will have insurance renewed effective 3/07/2026. Forum Sales for January 2026 were 245 subscriptions, and 290 copies.

Corresponding Secretary(CS)/Group Records Coordinator (GRC), Carrie H.: Reported 270 active groups, of which 11 have bounced email addresses and 15 do not have a certified mailing address (CMA) or Group email address on record. Attended Officers Meeting, sent CMA mailing labels for Alagram and Treasurers' Appeal Letter. Assists with queries from District and Group Representatives. Carrie's term ends 12/31/26. Interested members may want to reach out to her for information on the position.

Recording Secretary, Kasey M.: Meetings attended include Board of Trustees, and AWSC. Transcribed, edited and uploaded minutes for same. Uploaded November 2025 Assembly Minutes. Renewed subscription to Fathom Al Notetaker. Proposed topics to add to the next Board of Trustees Meeting.

Treasurer, Ken S.: Account balances as of February 24, 2026 were \$4,853.62 (Checking), \$5,302.47 (Savings), and \$7,895.00 (Excess Funds), for a total of \$18,051.09. 2026 Revenue from contributions was \$1,401.84. Expenses were well below budgeted amounts. Detailed 2025 financial reports were uploaded to the IO drive. Form 990-N has been timely filed. If having issues mailing to Edison, please contact Ken S.

Coordinators

Alagram, AnnaMarie T.: Wrote, printed and mailed 260 hard copies and 263 electronic copies of the Fall 2025 edition. Total costs for this edition were \$309.98.

Alateen, David A.: Provided dates and log-in credentials for 2026 Alateen training sessions. Discussed an overview of proposed changes to the AMIAS Training Modules and Manual.

Archives, Jenn F.: Events include District 7 workshop and Area 45 AA Convention; both events included an archives table. Will be attending NJ Young People in AA Convention in Atlantic City. Ongoing efforts include sorting, digitally filing archives, and updating posterboards for events.

Literature, Peter D.: Distribution of the 2026 Assembly Calendar was completed in November of 2025 for a total cost was \$1,274.63. In addition, 12 calendars were sold at \$5 each, resulting in revenue of \$60. No further printing of the Calendar is planned. The WSO is releasing Conference Approved Literature (CAL) in electronic formats, and are available for purchase at al-anon.org. The 2026-2029 Al-Anon/Alateen Electronic Service Manual is now available; the hard copy should be released in April 2026.

Public Outreach, Mike L.: Billboard advertising through Outfront Media varied from \$500 to \$4,000 or more for a 4-week period. Unsure if the budget could accommodate that; ideas and suggestions welcome. Conferences include NJ Association of Student Assistance Professionals, NJ Integrated Mental Health Conference, Law Enforcement Against Drugs and Violence, and awaiting registration for three more conferences. Public Outreach meetings produced good ideas on current and future projects such as Al-Anon public service announcements on you tube and social media platforms, and group members leaving Al-Anon Faces Alcoholism (AFA) copies with social workers and at strategic locations.

Technology: Vacant Service Position.

Website, Jennifer B.: Discussed Area website statistics. Attended Online Donations Thought Force meetings. Attended the World Service Organization (WSO) Web Coordinator Community Call. Ongoing additions to the website include Al-Anon events/anniversary meetings, monthly District, Assembly and AWSC meetings, Forum articles, June 2025 Assembly Minutes, and Winter 2026 Alagram Newsletter. Updated website plug-ins and themes as needed. Reminder that event flyers should not contain personal information and must be approved by Katie O. and Peter M. prior to website publishing.

District Representatives

District 1 (Hunterdon/Warren, Mickey S.: Will be resigning on March 9th, 2026.

District 2 (Morris/Sussex), Lynne M.: Reported 21 active meetings, including 1 Alateen, which has low attendance. Public Outreach includes distributing AFA and CAL pamphlets to local colleges, high schools, rehab, and professional organizations. Reported growing attendance at some meetings. District newsletter is in the planning stages. Hopes to have a Day of Sharing in Fall 2026 or early Spring 2027.

District 3 (Bergen/Passaic), Debbie F.: Reported 25 in-person meetings, 3 electronic meetings, and 2 Alateen meetings. One meeting closed while another opened, and hoping to expand it to Alateen. Will be speaking and providing information at Turning Point Recovery. The on-line Alateen meeting has converted to hybrid to conform with WSO requirements. Working on a current meeting list. Ongoing efforts with public outreach continue while looking for an Outreach Coordinator.

District 4 (Essex/Hudson/Union), Patty V.: Excused absence.

District 5 (Mercer/Middlesex/Somerset), Anne P.: Reported 45 meetings, including 1 Alateen. Attended Area and District Public Outreach meetings. Visited 16 Groups to connect with the GR and learn about their meetings. Public Outreach projects include Campus Surge event at Rutgers University, Quakerbridge Mall Mental Health & Wellness Fair, distribution of 150 Al-Anon packets, The College of NJ THRIVE Health and Wellness Fair, Little Free Library, and Anchor House. Ongoing efforts to start an Alateen meeting at Anchor House. Current with District Newsletter and Meeting List. The District will be working on Love Gifts for Delegate. Unity Day planning begins in spring.

District 6 (Monmouth), Jess A.: Discussed with groups the district has spent more money than it brought in. Reminded groups that an insurance certificate for events needs approval. Public Outreach plan is to distribute Al-Anon informational packets to police departments. Informed groups of March Assembly meeting agenda highlights and discussions.

District 7 (Ocean), Eileen R.: Reported 28 Active Al-Anon groups, including 1 Alateen. Several Meetings are in need of support, and one has gone "Inactive". The Alateen Meeting is still in need of teens. Would like to propose, for discussion, an electronic component for Alateen. Held a workshop, Warming Hearts with Recovery, with break out sessions, making God boxes, and inspiration boards. Business cards and Al-Anon information have been circulated to 33 of 35 Municipalities in Ocean County. Completed working with the ThF on Future Assembly and AWSC Meeting Formats.

District 8 (Burlington/Camden/Gloucester), Tina H.: Reported 28 active groups, including 3 Alateen. The District has a new meeting located in Camden. The Sunday 6:30pm meeting in Beverly will return. Public Outreach efforts include library CAL distributions, and encouraging members to share on Al-Anon in local social media groups. Guidelines for social media messages are available at al-anon.org. Efforts are under way for a Fall 2026 workshop.

District 9 (Atlantic/Cape May/Cumberland/Salem), Kathleen I.: Reported 19 active groups. Participated in an informational session at the Tabernacle United Methodist Church to raise awareness about Al-Anon in the community; there was a lot of interest in placing Al-Anon literature in Little Free Libraries. Currently planning for the next district-level workshop, and 2026 Waves AA convention with Al-Anon participation, scheduled for November 13-15, 2026, Atlantic City, NJ.

District 10 (Electronic Group District), DR Vacant, Mark McP filling in: District 10 continues to communicate but does not currently have a District Representative. Hopeful someone will step up. Planning a virtual day of sharing for Spring 2026.

Liaisons

North Jersey Information Services (NJIS), Mark McP.: Updating the website to help with browsing and purchasing CAL, and electronic payments. Will be selling Al-Anon and Alateen Literature during the Area 45 Convention. The NJAIS Steering Committee continues to meet regularly via Zoom. Held a meeting of ISR's, at which volunteer Linda S. was appointed to the NJAIS Steering Committee. There continue to be service opportunities. Interested members should contact NJAIS.

Al-Anon Representatives to AA Conventions

AA Area 44, Christina M.: Committee meetings will now be hybrid. There are open service opportunities for the 2026 convention, which will be held September 25-27, 2026.

AA Area 45, Mary-Teresa U.: The 60th Anniversary 2026 Area 45 Convention was March 20, 2026 - March 22, 2026. There were one Archives table and two Literature tables.

Old Business

ThF on Meeting Format(s): AWSC and Assembly; In-Person, Virtual or Hybrid.

Thought Force recommendations were:

- Future AWSC and Assembly Meetings be hybrid meetings on a three-year trial basis;
- Collect feedback through surveys, and
- Establish a task force to determine location and equipment needs for future meetings.

ThF on Online Donations through New Jersey's Website and Online Individual Member Donations.

Continues to meet and discuss. Is on track to present recommendation/s to AWSC in May, and Assembly in June.

New Business

The following agenda items were approved:

- November 1, 2025 Assembly Minutes as presented/amended.
- Alateen Modular/Manual as recommended by the Alateen Committee.

Ask-It Basket

Would it be possible to get a Certificate of Insurance prior to the expiration date?

Cathy said she tried, but no luck. Hopefully they'll be getting them within a week or two.

Would it be possible to send GRs and DRs Assembly Packets?

Packets are made available to DRs and, following links of service, DRs are asked to share the information with GRs. Otherwise, Assembly Packets are sent to the Group's CMA. There are also printed packets in the room during hybrid Assembly Meetings.

Looking Ahead to June 2026 Assembly

Presentation from Thought Force on the Area Accepting Website Electronic Donations