

ALAGRAM

Investing in Each Other to Preserve Our Legacy • Invertir los unos en los otros para preservar nuestro legado • S'investir mutuellement pour préserver notre héritage

The N.J. Assembly will be held as a virtual meeting:
Saturday, June 7, 2025, 10AM- 3PM EST
 All Al-Anon members are welcome!

Zoom Link: <https://us02web.zoom.us/j/85850903272?pwd=uqN1tbWoK7d2JaElbfKMcuBFjuta1e.1>

Zoom Meeting ID: 858 5090 3272, **Password:** 908174

Once logged into the Assembly meeting, change your name (Rename feature) to: Service voting position, district number, first name, last name initial, any additional service positions (no commas). For example: GR 6 Mike L. Public Outreach.

HIGHLIGHTS FROM THE MARCH 2025 ASSEMBLY

Officers

Chairperson, Katie O.: Updated new Panel 65 contact information to the World Service Organization (WSO). Reached out to the Spanish Intergroup for a Liaison to NJ Al-Anon. Filed as a new Registered Agent for NJ Al-Anon with State of NJ. Met with previous Chairperson, previous Treasurer, and new Treasurer to update Assembly banking credentials. Will be replacing the Assembly debit card with a credit card for security reasons.

Delegate, Peter M.: Outlined Delegate responsibilities and voting protocols at 2025 World Service Conference (WSC). Serving on "Applying Step Four to Encourage Area Inventories" Task Force. Peter reports that he is officially a NERD, and will attend the (N)orth (E)ast (R)egional (D)elegat Conference in March 2025.

Alternate Delegate, Cathy B.: Met with former Alternate Delegate to review responsibilities for new role as Alternate Delegate. Attended officers meeting January 8th. Will attend financial audit March 8. Outlined procedure for requesting a certificate of insurance.

Corresponding Secretary(CS)/Group Records Coordinator (GRC), Carrie H.: Attended Officers Meeting on January 8th. Reviewed Area Group Records Coordinator Call with WSO recorded on January 4th. As of February 17th, there are 266 active Al-Anon and Alateen Groups, with a combined total of 286 active meetings. Fourteen groups do not have a Current Mailing Address (CMA) or Group Email on record. There are 80 (38%) active face-to-face groups, and 19 (41%) electronic groups, without a Group Representative currently listed.

Recording Secretary, Kasey M.: Met with Mary F., former Recording Secretary, to discuss service position responsibilities. Connected with Chairperson and Tech Coordinator to discuss Al tools. Monitors Gmail account weekly. Minutes edited and posted include Al-Anon World Service Committee (AWSC) meetings (October 5, 2024 and February 1, 2025), and the Board of Trustees meetings (September 4, 2024 and January 8, 2025). Will attend the Audit Committee meeting on March 8th.

Treasurer, Ken S.: Posted 2025 financial statements ending February 20, which included income of \$3,643.20, expenses of \$1,357.64 for a net revenue of \$2,285.56. Assembly account balances as of February 20 are \$19,232 in savings, and \$12,285 in checking, for a combined balance of \$31,517. IRS Form 990-N has been filed for 2024. Former Treasurer Mary K. posted and outlined the 2024 Year-End financial statements including Profit and Loss, and Deposits.

Coordinators

Alagram, AnnaMarie T.: Wrote, Printed and mailed 266 hard copies and 193 electronic copies of the Winter 2025 edition. Costs of \$464.59 were submitted to Treasurer and Chair for approval.

Alateen, David A.: Presented Alateen strategy for 2025 including plans for outreach, communication, Al-Anon Member Involved in Alateen Services (AMIAS) recertification, and expansion.

Archives, Jenn F.: Met with previous Archives Coordinator to go over service responsibilities. Began logging new archives. Working with the Treasurer to move the storage unit closer to her location. Will attend AA convention in March.

Literature, Peter D.: WSO is collecting sharings for new Conference Approved Literature (CAL) in the works; *Finances In Recovery* (working title), and *Personal and Service Sponsorship*. The next edition of the *Al-Anon/Alateen Service Manual* will be available for purchase January 2026. The current Service Manual is available on the WSO website as a PDF. The 2022-2025 print copy is available for purchase. There are currently (27) 2025 Calendars available for purchase at \$5.00 each.

Public Outreach, Mike L.: Held a Zoom meeting with Districts on January 30th to collaborate and get ideas for public outreach; next meeting in May. Working toward creating Alateen business cards. Upcoming events include the Association of Student Assistance Professionals (ASAP) conference March 6-7; the AA Area 45 Convention March 14-16; and the Social Workers Conference March 31-April 1.

Technology, Cliff R.: Working with budget and officers to address needs and concerns regarding the purchase five laptops. Raised questions regarding approvals and process for purchase.

Website, Jennifer B.: Provided and explained user stats for Area Website traffic and utilization. Updated content and plugins on website. Reminded members that flyers posted on the website need prior approval from Chairperson and Delegate. Flyers that contain personal names, email addresses, and phone numbers cannot be posted because it breaks anonymity.

Reminder: Please include your Group Number on the check when you donate. Thank you!

District Representatives

District 1 (Hunterdon/Warren, Mickey S.): There are 11 active groups with four active Group Representatives (GR) and continuing to look for more GRs. Received training from WSO on how to get CMA and Group Records. Currently developing an Al-Anon Newcomers pilot program. Public outreach will be scheduled in the spring at a concert and bazaar.

District 2 (Morris/Sussex), Lynne M.: Public outreach is ongoing. Sent Al-Anon and Alateen packets to various organizations. Day of Sharing is April 5th, all invited. Working on getting an Alternate District Representative (DR).

District 3 (Bergen/Passaic), Debbie F.: There are 25 in-person meetings, 3 electronic, and 2 Alateen. District meetings are held Monthly on the 3rd Sunday. Finalizing Alateen Outreach mailing and thanked District 8 for their template. GR participation is low but hopeful that the fellowship event scheduled for May will raise awareness of the benefits of having a GR. Their first District Fellowship Day is scheduled for May 3rd.

District 4 (Essex/Hudson/Union), Patty V.: Has 40 active meetings; 28 in-person, 4 hybrid, and 8 electronic. Patty V. is the new DR. Angela O. will remain as treasurer.

District 5 (Mercer/Middlesex/Somerset), Anne P.: Has 48 total meetings including 2 Alateen and 9 electronic. All District service positions are filled. The district has purchased a Zoom account which groups can use. They also opened a checking account and created a Group Contribution form for groups to submit donations. Various public outreach projects continues. Unity Day is planned for October 25, 2025.

District 6 (Monmouth), Jess A.: Organizing a writing workshop for the Forum and the new CAL in the works. Interested in planning a field trip to Stepping Stone. Making an effort to include members who just want to do project service rather than a three-year commitment.

District 7 (Ocean), Eileen R.: Has 27 active Al-Anon groups including four electronic. Visiting groups without a GR to encourage them elect one. Once AMIAS is complete, they will try to establish Alateen meetings. Public Outreach opportunities, including business cards, are ongoing.

District 8 (Burlington/Camden/Gloucester), Tina H.: Has 27 active groups including 3 electronic groups. Two new groups since last Assembly; Beverly AFG, and Let It Begin With Me Swedesboro AFG. Working with School Advisory Councils (SAC) to promote Alateen. Will attend the Area 45 Conference in March.

District 9 (Atlantic/Cape May/Cumberland/Salem), Kathleen I.: Has 16 meetings of which 3 are summer seasonal. Alateen in Somers Point was closed due to lack of participation. There is a new treasurer and four more Group Representatives. Still in need of a District Secretary and Alternate District Representative.

District 10 (Electronic Group District), Vacant: Mark McP. outlined ongoing process at North Jersey Informational Services (NJIS), including launch of an updated website with improved access to the schedule of electronic meetings. Emphasized the ongoing need for district volunteers, particularly a DR. Has District Zoom account to host electronic meetings. Next District Meeting is March 18th.

Liaisons

North Jersey Information Services (NJIS), Mark McP.: Launched an updated NJIS Website (<https://northjerseyal-anon.org>), which includes a new "Family Groups" and "Newcomers" pages. Website work continues. Participated in WSO quarterly Area Information Services/Literature Distribution Center (AIS/LDC) Meetings. Topics included WSO's "Next Generation of Al-Anon Records" which will facilitate better sharing of AFG meeting information among Area GRCs, DRs and AISs, as well as encouraging collaboration between AIS/LDC, Area GRC, and DRs. NJIS Steering Committee Meetings continue.

AA Area 45, Liz K. and Tina H. for Jennie C.: There will be 6 Al-Anon speaker meetings, an Alateen speaker, and an Al-Anon skit. Flyer is on the website.

Is Your Group Record Current?

Make sure your meeting information is accurate on the website. Verify your information today by reaching out to your district representative or contact our group records secretary at njcorresponding@gmail.com.

Old Business

- **Motion:** The AWSC recommends that the Alternate Delegate also be the Insurance Processing person. Passed unanimously.
- **Discussion:** DRs sitting as voting members on any other Al-Anon service arm board. Open discussion with various sharings of experience.

New Business

Motions (3):

- Approve November 2, 2024 Assembly Minutes as presented/amended; passed unanimously.
- Post the Assembly and AWSC Meeting IDs and Passcodes on the Area Website; passed with substantial unanimity.
- Post the Area Alagram to North Jersey Al-Anon Information Services Website; passed with substantial unanimity.

Ask-It Basket

If both a Coordinator and DR have voting rights, why is only the DR precluded from serving in other Service Arms? Open-ended discussion with various sharings of experience. No resolution, subject will be looked into.

What is the policy on service animals at meetings? This should be discussed at a Group Conscious meeting.

Should Assembly information shared by GRs be factual? Yes. Afterwards groups can discuss their thoughts.

Looking Ahead to June 2025 Assembly

Accepting Zelle for donations on Area website • Thought Force for future AWSC and Assembly meeting venues • Area Financial Audit