

# ALAGRAM

Investing in Each Other to Preserve Our Legacy • Invertir los unos en los otros para preservar nuestro legado • S'investir mutuellement pour préserver notre héritage

The N.J. Assembly will be held as a hybrid meeting:  
**Saturday, November 1, 2025, 10AM- 3PM EST**  
 All Al-Anon members are welcome!

**In Person:** Stone Hill Church, 1025 Bunn Drive, Princeton, NJ 08540

**Zoom Link:** <https://us02web.zoom.us/j/5409369578?pwd=MloezeK3acz8YmeEJY8X7sr5haf4.1&omn=82138900842>

**Zoom Meeting ID:** 540 936 9578, **Password:** 532025

Once logged into the Assembly meeting, change your name (Rename feature) to: Service voting position, district number, first name, last name initial, any additional service positions (no commas). For example: GR 6 Mike L. Public Outreach.

## HIGHLIGHTS FROM THE JUNE 2025 ASSEMBLY

### Officers

**Chairperson, Katie O.:** Attended the North East Regional Delegates (NERD) meeting March 14-16. The primary purpose of NERD is to prepare delegates for the World Service Conference. Current Al-Anon issues were also discussed. Other meetings attended include the Board of Trustees on April 2, monthly AFG Connects Chairpersons' meeting, and the Panel 62 Delegates' meeting. Wrote three Thought Force Charges: Disallow Officers and Coordinators to sit on Boards of other NJ Al-Anon Service Arms; future meeting format for the Area World Service Committee and Assembly meetings, and receiving online donations through the area website.

**Delegate, Peter M.:** Attended the World Service Conference (WSC) April 24-27, which included a range of topics impacting all of Al-Anon as well as updates from the Board of Trustees and World Service Office staff on projects, initiatives and events. The conference also included an optional visit to Stepping Stones on April 28. Peter thanked everyone for the Love Gifts and enormous support in his service journey.

**Alternate Delegate, Cathy B.:** Attended several meetings such as the Area Audit, North Jersey Information Services, District Representative Meetings, Officers Meeting, and Outreach. As of May 19, 2025 there are 48 completed requests for insurance. Groups may request insurance at any time, and at no cost. She outlined the procedure to request insurance. Forum sales for February -May were just under 300.

**Corresponding Secretary(CS)/Group Records Coordinator (GRC), Carrie H.:** Attended Officers Meeting on April 2 and AWSC on May 3. Sent mailing labels for Alagram and Treasurer's appeal letter. Worked with District and Group Representatives to resolve queries. There are 262 active Area Al-Anon Groups of which ten are Alateen. Fifteen groups do not have an email address for CMA, or group contact on record.

**Recording Secretary, Kasey M.:** Attended the Area Financial Audit held March 8. Transcribed, edited and posted the Assembly minutes from March 1, 2025. Posted results of the Financial Audit. Other minutes are in process.

**Treasurer, Ken S.:** Posted Area financial statements as of May 31, 2025. The checking and savings account had a balance of \$2,319, and \$19,233, respectively. Total cash balance was \$21,552. Area expenses continue to be processed with most under budget. Year to date contributions are \$8,658.40 which is 53.9% of the annual budgeted goal. The first Appeal letter in seven years was mailed in April; contributions already coming in.

### Coordinators

**Alagram, AnnaMarie T.:** Wrote, Printed and mailed 262 hard copies and 233 electronic copies of the Spring 2025 edition. Total costs for this edition were \$272.13.

**Alateen, David A.:** Had 62 members complete Al-Anon Member Involved in Alateen Service (AMIAS) training, 56 applications submitted and approved. Nine out of 10 meetings were re-certified; working on getting the electronic meeting certified. Will be finalizing the members of the committee that will be updating AMIAS training.

**Archives, Jenn F.:** Attended Area 45 AA Convention in March with three tables designated to Al-Anon Archives. Began archiving Alateen material. Working with Tech Coordinator to move everything to cloud storage for easier access. Working with the Board to relocate the storage unit closer to home.

**Literature, Peter D.:** WSO is still collecting sharings for new Conference Approved Literature (CAL) in the works; Finances In Recovery, and Sponsorship and Service Sponsorship. The roll-out, which begins with "Intimacy in Alcoholic Relationships", has been delayed and should commence in July. Received WSO Conference Approved quotations for the 2026 Area Calendar, and encouraged members to submit event dates and photographs for the calendar. The next edition of the Al-Anon/Alateen Service Manual will be available for purchase in January 2026.

**Public Outreach, Mike L.:** Attended NJ Integrated Mental Health Conference May 27&28, and the Social Workers Conference March 31-April 2. Both events had tables and were successful. April 17th zoom meeting included discussions on posting meetings on the Nextdoor App, distributing pamphlets at municipal courts and police stations, and attending high school mental health fairs to distribute literature. Business card development continues.

**Technology, Cliff R.:** Goal is to get hardware to volunteers that need it and relocating storage to the cloud. Created two videos on how to re-name in Zoom.

**Website, Jennifer B.:** Renewed the Area website. Discussed website user stats. Updated content and plugins on website. Reminded members that flyers posted on the website need prior approval from Chairperson and Delegate. Flyers that contain personal names, email addresses, and phone numbers cannot be posted because it breaks anonymity.

## District Representatives

**District 1 (Hunterdon/Warren, Mickey S.):** Purchased a District Zoom subscription with a major goal to schedule group meetings. Sent public outreach guidelines to District CMAs. District Meetings will begin in June.

**District 2 (Morris/Sussex), Lynne M.:** Has 22 active groups, 1 without a CMA, and 5 inactive groups. Has 1 active Alateen meeting in Morristown and 2 inactive. Held a Day of Sharing on April 5th with 87 attendees. Completed public outreach mailing of 100 packets to high school and college guidance departments as well as rehab facilities.

**District 3 (Bergen/Passaic), Debbie F.:** There are 25 in-person meetings, 3 electronic, and 2 Alateen. District meetings are held monthly on the 3rd Sunday. Had first District Fellowship Day with 2 speakers and over 40 attendees. Participated in two school wellness fairs and connected with multiple organizations that can spread the word about Al-Anon. Alateen outreach not as successful but had four schools reach out about doing wellness events. Revising current meeting list.

**District 4 (Essex/Hudson/Union), Patty V.:** Had first District meeting April 16th. Attended a middle school outreach which had 750 students. There were give-aways, literature and a video. The event was a success. Will visit local Groups to inform them there is a new District Representative and encourage them to attend District Meetings.

**District 5 (Mercer/Middlesex/Somerset), Anne P.:** Has 47 total meetings including 2 Alateen and 9 electronic. Attended AMIAS training, Annual Audit Meeting, and Public Outreach meeting. Distributed the District newsletter and updated the meeting list. Attended three public outreach projects and will attend National Night Out in August. Will continue attending Group Meetings throughout the district and update Group Representatives with information as needed. Various public outreach projects continues. Unity Day scheduled for October 25.

**District 6 (Monmouth), Jess A.:** Had District Meetings in March and May; currently looking for a secretary. Will meet again after the Area World Service Committee meeting in October. Has a District picnic in August.

**District 7 (Ocean), Eileen R.:** Has 28 active Al-Anon groups, including 1 Alateen. Visiting and reaching out to Groups to encourage participation within the district. Attended Youth Wellness Fair May 20. Public Outreach is the current focus, including business cards for public distribution by police departments. New Alateen meeting is off to a good start. Second newsletter in progress.

**District 8 (Burlington/Camden/Gloucester), Tina H.:** Has 27 active groups including 3 electronic groups and 3 Alateen. Public Outreach went well at Town Hall event. Potential new meetings will need support. Updated meeting list to reflect meeting changes. Workshop will be held in Fall 2026.

**District 9 (Atlantic/Cape May/Cumberland/Salem), Kathleen I.:** Has 16 meetings of which 3 are summer seasonal and 1 is electronic. Elected new District Secretary. Alternate District Representative still needed. Ongoing discussions about starting an Alateen meeting, and dropping off literature at local police stations.

**District 10 (Electronic Group District), Open! Mark McP filling in:** District 10 continues to communicate but does not currently have a District Representative.

## Liaisons

**North Jersey Information Services (NJIS), Mark McP.:** Proposal to expand NJIS service territory to include the entire state has been tabled for subsequent consideration; South Jersey support for the proposed changes has been positive. NJIS continues to participate in the WSO quarterly meetings on literature. Continues to make progress from pandemic support related difficulties. NJIS website priorities include integrating Al-Anon Meeting listings, an Alateen page, creating a literature purchase function, and providing a resource for sharing Group and District news and upcoming events. NJIS Steering Committee Meetings continue.

## Al-Anon Representatives to AA Conventions

**AA Area 44, Christina M.:** Will be resuming the this position. Please check back!

**AA Area 45, Mary-Teresa U.:** Attends monthly meetings to discuss Convention progress and planning. Information so far includes: Convention dates are March 20-23, 2026, location will be Bally's, Atlantic City. Seeking an Al-Anon Speaker, Al-Anon Meetings Chair to chair/run the meetings during the Convention, and members interesting in writing/acting/directing in the Al-Anon Skit. Interested members may contact Mary-Teresa U.

## New Business

Three Thought Forces (ThF) established, one discussion:

- ThF on Disallowance of Area Assembly Officers and Coordinators to sit as voting members on other area service arms. Examine the current Area policy of disallowing only District Representatives from sitting as voting members on other area service arms, and make recommendations on whether the policy should be extended to include Officers and Coordinators as well.
- ThF on Meeting Format (s): AWSC and Assembly; In-Person, Virtual or Hybrid. Examine and compare previous AWSC and Assembly meeting formats to ascertain a consistent format going forward whether it be in-person, virtual, hybrid, or a mix of one or the other.
- ThF on Online Donations through New Jersey's Website and Online Individual Member Donations. Examine the pros and cons of accepting online donations and make recommendations on whether or not to accept them, and if so, which online platform to use.
- Discussion: Posting events from Areas outside NJ. Will be discussed again after a trustee meeting, as this will impact the current workload of the Chair, Delegate and Area Website Coordinator.

### Is Your Group Record Current?

Make sure your meeting information is accurate on the website. Verify your information today by reaching out to your district representative or contact our group records secretary at njcorresponding@gmail.com.

**Reminder:** Please include your Group Number on the check when making a Group donation. Group Numbers are not required for personal donations.

## Looking Ahead to November 2025 Assembly

- Accepting electronic donations on Area website
- Thought Force for future AWSC and Assembly meeting venues
- Proposed 2026 Budget