



N.J. Al-Anon Alagram

Winter Edition 2024

“Being allowed to make appropriate decisions, to act freely without being hassled or second guessed, gives dignity to the person doing the job.” *(Hope for Today 234)*

N.J. Area Officers

Area Delegate: *Katie O.*

Chairperson: *Donna S.*

Alt. Delegate: *Liz K.*

Treasurer: *Mary K.*

Rec. Secretary: *Scott A.*

WELCOME to

Corr. Sec/AGRC: *Carrie*

H.

Highlights from November 2023 Assembly

CHAIRPERSON: Donna S. reported that she attended the PA Area Assembly in Harrisburg, PA; scheduled the 2024 Budget Committee meeting; participated in the Thought Force for Excess Funds; attended and chaired the September 6th Officers/Trustee Meeting; scheduled and participated in three Policy Committee meetings; and met with the Technology Thought Force members.

DELEGATE: Katie O. reported that she hosted and chaired Zoom meetings for a Thought Force (ThF) presentation to the WSC 2024; attended the Al-Anon International Convention in Albuquerque, New Mexico; attended the training session for the Regional Committee on Trustees (RCT); hosted and chaired the NJ Al-Anon Assembly Budget Committee meeting in August; and attended the NJ Assembly Board of Trustees meeting in September.

ALTERNATE DELEGATE: Liz K. reported that she worked on the Excess Funds Thought Force, Budget committee, Policy Handbook committee; and attended Spanish Intergroup meeting 9/17.

TREASURER’S REPORT: Mary K. reported that she met with Donna prior to the Budget Committee Meeting to prepare a draft of the 2024 budget for the meeting on August 28, 2023, presented the 2024 draft budget; and attended the Officers Meeting on September 6, 2023. Area Total Assets: \$41,393.18, Donations: \$12,723.36, Expenses: \$9,381.33.

GROUP RECORDS/CORRESPONDING SECRETARY: Jennifer B. reported that she attended the WSO GRC WebEx conference call on 6/10/23. This is her Last Assembly ☺ - Thank you for your service!!

Coordinator Reports

ALAGRAM: Christina McG reported Printed, folded, stuffed, stamped, and mailed (255) double-sided copies of the Fall 2023 editions to all CMA.

ALATEEN: Lori-Jo reported that the Area certified another 10 AMIASes; there are now at least 3 AMIASes for districts 1-9, so every district in NJ can have at least one Alateen meeting; and she has yet to schedule a meeting for the revision of the NJ Alateen Training Manual.

ARCHIVES: Mike L. reported that he attended the Area 44 AA Convention in Somerset on Sept. 22nd & 23rd; receives a few more long-time member forms and group history forms to add to the NJ Archives; still looking for members to fill out long time member (25 years or more) forms; and if your group is interested in having the Archives, please reach out.

LITERATURE: Angela R. reported that the 2024 Calendars printed and mailed the first week of October 258 Groups + 26 AWSC Members = 284 total calendars being mailed. New CAL: *A Little Time for Myself* (B-34) and *Just for Tonight Alateen* Bookmark (M-82).

PUBLIC OUTREACH: POSITION VACANT - Filling in - Karen P! Gave out/Sold literature at the following: Seaside Heights boardwalk on 9/9 Ocean County Community College 9/19; Area 44 North Jersey Convention. Future events: AA Round-Up in Cape May (11/17-11/19).

Area Assembly Meeting:
Saturday, March 2, 2024
10AM-3PM EST

Meeting ID: 849 1242 2817

Password: 662262

Direct Link:

<https://us02web.zoom.us/j/84912422817?pwd=WWVoWWUrSGV5ZlVFVWlhekFiT1N4UT09>

Once logged into the meeting, change your name (Rename feature) to:

Service voting position, district number, first name, last name initial, any additional service positions (no commas)

For example:

GR 6 Mike L Archives

All Al-Anon members are welcome.



WEBSITE: AnnaMarie reported that Area Monthly (9/22 – 8/23) Website Hits: 1445; NJ Electronic Meetings can be found by clicking on the box that says (Includes NJ Permanent Electronic Meetings); the Website security software (Wordfence) was renewed for one year on 9/19/23.

District Reports

District 1 (Hunterdon/Warren): POSITION VACANT. NO REPORT.

District 2 (Morris/Sussex): Ken S. reported that the district has 29 Groups Count (in person, hybrid, & electronic) consisting of: 20 Active, 1 Active Alateen, 1 Reported No Mail, 7 Inactive; District continues support for the Butler Alateen group; District purchased a Zoom account for meetings; Excess funds in the amount of \$314.30 was distributed to the service arms.

District 3 (Bergen/Passaic): POSITION VACANT. NO REPORT. AWSC UPDATE: NEW DR!! Welcome Debbie F.!!

District 4 (Essex/Hudson/Union): Angela O. reported that the District has 26 Face to Face Meetings (including 1 Polish speaking & 2 Spanish speaking), 3 Hybrid, 2 Temporary Electronic (Groups will decide by years end regarding future status), 5 PEGs; held a very successful picnic in June with about 50 attendees; 3 members have become AMIAS; GRs voted unanimously in favor of moving forward with a Library Al-Anon Bookmark and Poster Outreach Projects. Treasury: \$289.83.

District 5 (Mercer/Middlesex/Somerset): Peter M. reported that the district's treasury balance is \$785.48 (Unity Day income not included); Sunday St. Gregory the Great Alateen meeting has 7 members; South Brunswick Alateen has 3 members; Unity Day was Saturday Oct 21st at Stone Hill Church in Princeton - 94 in attendance! A new record! \$788 income. Last year, there were 54 attendees.

District 6 (Monmouth): POSITION VACANT. NO REPORT.

District 7 (Ocean): Karen P. reported the district met on October 7th on Zoom with 14 GRs in attendance; hosted a fall workshop on 10/14/2023 at Bayside Chapel in Barnegat, with about 65 people in attendance; an Alateen meeting is being reactivated in Toms River.

District 8 (Burlington/Camden/Gloucester): Liz K. reported that the District meeting was held 10/18/23. 25 active groups: In person = 17 English (Spanish meetings are temp suspended), Hybrid = 3 + 1 Alateen, Electronic Groups = 3; 4 new meetings: Gloucester Twp AFG, Mount Holly AFG, Hope for Today Alateen, Courage to be Me Alateen; Gave new groups \$75 to supply literature, Newcomer packets, and other materials for their meetings. Treasury balance is \$2,540.83.

District 9 (Atlantic/Cape May/Cumberland/Salem): Anne A. reported the District has 18 meetings, 3 that are "Summer Seasonal" (3-hybrid, 1-permanent electronic and one seasonal electronic); District meeting was held on 10/11/23; Treasury balance-\$1,629.14; distributed \$100 each to WSO and NJ Assembly; presented its 2nd annual virtual workshop, "Carrying The Message", on 10/28 on the District zoom link; will be participating at the AA Waves Roundup from Nov. 17 - 19 in Cape May; created/printed 100 new tri-fold meeting pamphlets.

District 10 (Permanent Electronic Group District (PEG)): Mark McP reported that the initial District meeting was held on 10/23/23; planned December District Meeting will include a discussion of the format for and the frequency of District 10 Meetings and opportunities for service; each Electronic Group (EG) may decide whether it wants to become a NJ EG or become a group in the Global Electronic Area (GEA).

Special Reports

Al-Anon Chairperson to the Area 44 Annual Convention: Christina McG reported the convention was held on September 22–23–24, at The DoubleTree Hotel, in Somerset, with five (5) Al-Anon meetings during the day. Mark your calendars for next year: Sept. 20-22, 2024!

Thought Force on Excess Funds PowerPoint Presentation

Regional Trustee Vetting Process

Update on Thought Force to define Tech Coordinator position

LOOKING AHEAD TO THE MARCH ASSEMBLY.....

* Discussion RE: gender neutral legacies - Do you support the Area submitting a request to WSO to change the legacies so that they are gender neutral?

LOOKING FOR SERVICE OPPORTUNITIES?



* Do you want to actively spread the Al-Anon message of recovery?? Public Outreach Coordinator Position is open!

Is Your Group Record Up To Date? Make sure your meeting information is accurate on the website. Verify your information today by reaching out to your DR or contact your Corr Secy/AGRC at njcorresponding@gmail.com

Corresponding Secretary/Group Records Coordinator Election – CONGRATULATIONS CARRIE H.!!
