

# N.J. Al-Anon Alagram

Spring Edition 2023

"[HP] did for me what I couldn't do for myself...got me involved in service work...It saved my life, my family, my sanity." (Courage to Change, 276)

#### Highlights from March 2023 Assembly

CHAIRPERSON: Donna submitted the amendment to the Certificate of Incorporation to the State of N.J. Amended the Bylaws and revised the N.J. Area Policy Handbook had them posted to the N.J Al-Anon website. Attended and Chaired the January 4, 2023 Officers/Trustee Meeting.

DELEGATE: Katie reported that she attended two World Service Office (WSO) Chairperson of the Board Letter Presentations. She hosted the Delegates Meeting for Panel 62. She was asked to chair the WSC Thought Force (ThF) on Eliminating Regional Trustees. A presentation by the ThF will be given at the WSC in 2024.

ALTERNATE DELEGATE: Liz reported that there's been no contact with NJIS since her last report.

TREASURER'S REPORT: Mary reported that per the 12/22 Balance Sheet, the unaudited Total Liabilities & Equity for N.J. Al-Anon Assembly was \$32,657.30

GROUP RECORDS/CORRESPONDING SECRETARY (GRC): Jennifer reported that 74.38% of meetings are F2F or Hybrid, 2.49% are suspended, 18.86% are temporary electronic, 4.63% are PEGs – Permanent Electronic Groups. WSO continues to register NEW PEGs in the N.J. Area. The Group Transfer Between Areas Request Form is available to Electronic Meetings in the AFG Connects community. WSO is working on displaying PEGs tied to a geographic Area on their website, using zip codes. WSO Meeting Finder plans to use pin icons to differentiate between in-person, electronic, and hybrid meetings. Coming Soon - New Electronic Meeting Search (GEA) will be implemented using a translation tool powered by Google Translate.

### **Coordinator Reports**

ALAGRAM: Christina mailed (275) physical copies of the Alagram Winter 2023.

ALATEEN: Lori-Jo reported that the recertification window is open for AMIASs. All sessions will be via Zoom. The session dates are as follows: March 18, April 1, April 15, April 29 and May 13. Needs a group of volunteers to review and suggest changes to the AMIAS training materials.

ARCHIVES: Mike displayed the N.J. Archives at the 2022 AA Waves Roundup in Atlantic City in December. He will also be at the Area 45 AA convention in March 2023 and at the Area 44 AA convention in Sept, 2023. Jalcon offered a laptop to use for the Archives. Still has the Braille copy of *One Day at a Time*. He is in the process of converting the Long Time Member and Group History Questionnaires into Google Forms for easier response/access/storage.

LITERATURE: Angela reported that the 2022-2025 Al-Anon/Alateen Service Manual (P-24/27) v2 has arrived at WSO and is available for purchase, cost is \$11.00. There are ten 2023 calendars still available, cost is \$7.00 (\$5.00 + \$2.00 for shipping). She attended Literature Coordinators' meeting with WSO on Tuesday, 2/21/23.

#### PUBLIC OUTREACH: POSITION VACANT

WEBSITE: AnnaMarie reported that Temporary Electronic Groups were removed from our Meetings webpage. PEGs registered in N.J. will remain on the page until the WSO is able to post them. There are currently 12 PEGs posted on our Meetings webpage.

#### District Reports

District 1 (Hunterdon/Warren) ~ POSITION VACANT

District 2 (Morris/Sussex) Ken S. reported that their last meeting was 3/21/23. Next Meeting: TBD. Treasury as of 12/22 - \$1,086.64 37. Current District Group Count: 24 Active 1 No Mail 12 Inactive. Discussed expanding district outreach project in 2023. Discussed with members the possibility of a District Zoom account groups can share.

District 3 (Bergen/Passaic) ~ POSITION VACANT

District 4 (Essex/Hudson/Union) Angela O. reported District Treasury: \$190.71. District Meeting Breakdown: 41 meetings: 25 Face to Face, 3 Hybrid, 7 Temporary electronic, 3 PEGs, 2 suspended, 1 Spanish meeting with unknown status. Planning a Spring District event. Used a portion of district funds for public outreach of distributing *Al-Anon Faces Alcoholism* and Al-Anon posters.

District 5 (Mercer/Middlesex/Somerset) Peter M. reported District Treasury: \$1031.90. They are excited to have District Representative, an Alternate DR, a Secretary, a Literature Coordinator, an Alateen Coordinator and Public Outreach Coordinator. October 21 will be this year's Unity Day at Stone Hill Church. Looking into a trip to Stepping Stones.

District 6 (Monmouth) ~ POSITION VACANT

District 7 (Ocean) Karen P. reported that the GRs voted that the District will purchase the new Service Manual when available for each GR and encourage the groups to have a current service manual. GRs voted to have a face to face workshop, a committee is working on a theme and a venue and date to have the workshop. More information will follow.

District 8 (Burlington/Camden/Gloucester) Liz K. reported 25 active groups: 16 F2F only, 3 (temporarily) Electronic only, 3 Meeting Hybrid (1 Alateen), 1 PEG. District meeting was held 2/15/23. Treasury balance is \$2,473.87. South Jersey Area 45 AA/Al-Anon convention is March 17-20 in Atlantic City. Printed WSO posters to give to groups, whose members will add their meeting information. Every group is asked to put up 2 Alateen posters. New Alateen meeting proposed in Mullica Hill (Gloucester Co.)

District 9 (Atlantic/Cape May/Cumberland/Salem) Anne A./Charlie (Alt. DR) reported 15 meetings, including 2 that are Summer only 3 are hybrid, 1 is a temporary electronic. District meeting was held on 2/8/23. District 9's treasury has now increased to \$1,478.48. The District will be purchasing the new Service Manual to distribute for active meetings.

District 10 (PEG's) ~ POSITION VACANT

**Insurance Report** Submitted by Liz K

The proposed liability policy includes coverage for N.J. groups whose host venues require an insurance certificate. (The current policy doesn't cover groups.) Total insurance cost averages \$11.20 per physical meeting.

Hybrid Assembly Report Submitted by Liz K

Hybrid is the "new normal." Members want at least one assembly per year where they can attend in person. It's widely accepted that virtual is most inclusive for all (for health, weather, and travel reasons). VoxVote was the biggest issue and got the most comments.

## LOOKING AHEAD TO THE JUNE ASSEMBLY.....

N.J. Delegate's report on the World Service Conference (WSC) Results of the 2022 Financial Audit will be presented for vote by the GRs "Hot Topic" discussions: Thoughts on the Area's finances and the Al-Anon's Three Legacies.



## Will your Group have a voice and a vote on N.J. Al-Anon's future?

Assembly will be held virtually via ZOOM only

Saturday, June 3, 2023 9AM~3PM EST All Al-Anon members are welcome.

ZOOM Link:

https://us02web.zoom.us/j/83382527678?pwd=SEtUWmZpWDNjenZidUs1VkJqdjYvdz09
Meeting ID: 833 8252 7678

Password: 393268

Once logged into the meeting, change your name (Rename feature) to: *First Name Last Name Initial, Position in Assembly, District #*. If multiple positions, <u>list GR first</u>. (Example: *Jen B, GR D2, CorrSecGRC*).

NOTE: Separate sessions for new DR & GR Orientation 9:00 – 9:45AM

At 9:15AM, Chairperson will assign you to the appropriate breakout room. Instructions to return will also be provided.

Is Your Group Record Up To Date? Make sure your meeting information is accurate on the website. Verify your information today by reaching out to your DR or contact your CorrSecGRC at <a href="mailto:njarea36grc@gmail.">njarea36grc@gmail.</a>