



N.J. Al-Anon Alagram

Winter Edition 2022

“When I make a commitment through service, I really am making a commitment to myself.” *(Hope for Today 160)*

Meet Your Newly Elected Officers for Area Panel 62!
 Area Delegate: *Katie O.*
 Chairperson: *Donna S.*
 Alt. Delegate: *Liz K.*
 Treasurer: *Mary K.*
 Rec. Secretary: *Scott A.*
 Corr. Sec/AGRC: *Jennifer B.*

Highlights from November 2021 Assembly

CHAIRPERSON: Chairperson report from Ann Marie Z. She participated in 2019 and 2020 audits, as well as, the annual Budget Committee meeting. Gave a report of need for independent trustee meeting.

DELEGATE: Donna gave report from WSO, including 2022 WSC information (April 25-April 30, 2022). She also reviewed postings to AFG Connects for information relevant to Area, particularly “Permanent Electronic Meetings.”

ALTERNATE DELEGATE: Katie O. reported that the *Forum* has new editor, Carol C., who is encouraging members to write.

TREASURER’S REPORT: Audrey reported the following:

- YTD Income (2021): \$9,282.77
- YTD Expenses (2021): \$4,338.22. Fewer expenses because of pandemic.
- Net Difference: \$4,944.55
- Donations coming in on a very consistent basis.

GROUP RECORDS/CORRESPONDING SECRETARY: Jennifer reported that to date:

- 280 active Al-Anon groups; 318 Active Al-Anon meetings, 8 active Alateen groups.
- COVID-19 Update:
 - o 44 Meetings suspended.
 - o 95 Meetings have published Temporary Electronic Meeting links: On Zoom.
 - o 150 groups are meeting face-to-face: In person only.
 - o 29 hybrid meetings: Electronic component available.

Coordinator Reports

ALAGRAM: Kalpana reported that the Fall 2021 Alagram mailed to groups along with free calendar and handout about open positions.

ARCHIVES: Mike reported he is continuing to digitize paper archives onto hard drive. If any groups have old literature, please send to Mike for Archives.

ALATEEN: Tim reported that 4 active meetings suspended due to COVID. Currently 22 certified AMIAS.

LITERATURE: Lori-Jo reported that the 2022 calendars mailed to CMAs for all Al-Anon Family Groups registered in NJ. Welcome Newcomer eBooklet available online in multiple formats, Item eK-10.

PUBLIC OUTREACH: Karen P. reported that Public Outreach was very busy since September was National Recovery Month. Answered emails, mostly questions about meetings and requests for literature. Phone line has been very busy, many looking for face-to-face meetings.

WEBSITE: Martha reported that the number of users and new users declined somewhat.

Due to COVID-19, the N.J. Assembly will be held virtually via ZOOM Saturday, March 5, 2022 9AM-3PM EST

Meeting ID: **885 4376 6967**
 Password: 947077
 Direct Link: [Click Here](#)

NOTE: Separate sessions for new DR & GR Orientation 9:00 – 9:45AM

Once logged into the meeting, change your name (Rename feature) to ***First Name Last Name Initial, Position in Assembly, District #.*** If multiple positions, **list GR first.** (Example: Jen B, GR D2, CorrSecGRC).
 At 9:15AM, Chairperson will assign you to the appropriate breakout room. Instructions to return will also be provided.

All Al-Anon members are welcome.

District Reports

District 2: Angela R. reported that the District has 11 Groups and 13 Meetings; however, one group closed after submitting her report. This is her last Assembly as DR.

District 3: Katie O. reported that the District has 5 face-to-face meetings; 3 temporary online meetings; 2 permanent electronic meetings; 2 hybrid meetings; 1 suspended meeting; 2 closed. 2 Alateen meetings in district have closed. This is her last Assembly as DR.

District 4: Christina reported that the District has 2 hybrid, 1 in person, 2 virtual. This is her last Assembly as DR.

District 11: Angela O. reported that meetings mostly returned to fact-to-face, although attendance has decreased, and some meetings changed locations. 8 face-to-face, 1 electronic, 1 inactive, 3 pending confirmation. 2 new meetings registered.

District 20/21: Mary K. reported that last district meeting September 26, 2021 via Zoom, attended by 8 GRs, 1 Alternate GR, 1 visitor. This is her last Assembly as DR.

District 23: Karen P. reported that they had 4 GRs and 2 visitors at September district meeting; a few more GRs in October. Public outreach on-going, to judges, police departments, and libraries. Most meetings in district are face-to-face, some with hybrid option.

District 27: Holly reported that the District now has 7 face-to-face meetings, a total of 15 meetings. One hybrid meeting has over 30 people attend on a regular basis. This is her last Assembly as DR.

Highlights from Thought Force on Excess Funds

Task Force was established: Ann Marie to chair. Task Force includes: Tim S., Karen, Cari, and Ezra. Some discussion followed about issues for Thought Force to consider.

Highlights from Task Force on Redistricting

Task Force was established: Christina to chair; Angela to co-chair. Task Force includes Sue H., Liz K., Jen B., Kalpana, Debbie F.

Highlights from Task Force on Permanent Electronic Meetings

Task Force was established: Donna S. will chair; Ann Marie will co-chair. Discussion followed on the process and what the Task Force will hope to accomplish.

LOOKING AHEAD TO THE MARCH ASSEMBLY.....

Thought Force Presentation on Excess Funds

Thought Force Members will present their suggestions for handling excess funds. Discussion on the recommendations will follow the presentation.

March Assembly Guest Speaker:

MARK McP, WSO At-Large Committee member, will be sharing his experience, strength, and hope from working on the Literature Committee.

March Assembly Did you know? Moment:

DOES AL-ANON HAVE PROMISES?

Is Your Group Record Up To Date? Make sure your meeting information is accurate on the website. Verify your information today by reaching out to your DR or contact your Corr Secy/AGRC at njarea36grc@gmail.com.

On-line Meeting & Helpful Zoom Tips

3 ways to participate:

- Full computer or smartphone with video & audio
- Computer video with phone audio
- Phone audio only

Etiquette for Virtual Assembly Meeting:

- This is an AI-Anon meeting – please treat it that way.
- Mute your mic when not speaking.
- If you have a comment use the Chat window. Or if using only a computer/ smartphone – text moderator at 609-576-7948. You may also use “Raise Hand” feature.
- Wait for the moderator to call on you, unmute yourself and then comment. Maximum of 2 minutes.
- Inform moderator when you are done & mute yourself.

Video:

- Depending on your device, you will see speaker view (only the speaker) or gallery view (all attendees).
- Stop your video if you are moving or eating.

To Help with Audio:

- Turn off TV and all other Wi-Fi devices while using Zoom
- Stop video, if needed
- If necessary, you can use a second device for your audio; once you log in/call in on your second device, click on “leave computer audio” to disable it.

Individual choices:

- Stop or play video
- Leave meeting - this will end your session

Voting:

- Question will be called by the Chairperson and poll will be taken live at the same time.
- If you are using phone for audio only, text moderator at 609-576-7948.