



ALAGRAM ~ Winter 2019

NJ Area Assembly Newsletter

Next NJ Assembly Meeting on Saturday, March 2, 2019

Where:

Middlesex County Fire Academy
1001 Fire Academy Drive
Sayreville, NJ 08872

When:

New Group Representatives - 9:00AM
Refreshments & Fellowship - 9:30AM
Assembly Meeting – 10:00AM - 3:00PM

Who:

All Group Representatives (GRs)
District Representatives (DRs), Officers
Coordinators and Service Arms' Liaisons
All Al-Anon members are welcome.

*Morning refreshments will be provided by
District #23*

*Attending Members - Bring Your Own Brown
Bag Lunch*

MEET YOUR NEWLY ELECTED PANEL OF OFFICERS FOR AREA PANEL 59

Area Delegate	Donna S.
Chairperson	Ann Z.
Alternate Delegate	Katie O.
Treasurer	Audrey G.
Recording Secretary	Mary F.

Highlights from the November 2018 Assembly

Chairperson: Rich M. presented his last report & thanked the Assembly for their support & help. He encouraged Al-Anon members to use the opportunity of service for their recovery.

Delegate: Ann Marie Z. recapped highlights of the letter from Chairperson of the Board (entire letter can be found on WSO website):

- 2018 International Convention in Baltimore, MD was a success with record attendance of 4044. Mark you calendars for 6/29-7/3, 2023 in Albuquerque, NM.
- WSO will review “Do Not Refer” & “Re-Refer” policies. If found fair, they will no longer display meetings that have been removed in WSO search & toll-free meeting phone line.

She also reviewed results from 2018 Membership Survey. Results are available on WSO website. NJ Area has submitted bid to host Road Trip! 2019 – You and Your Board Connect (an interactive day with the Board of Trustees) in Atlantic City.

Alternate Delegate: Donna S. reminded that the Forum is a great tool and encouraged all groups to subscribe to the Forum. She was part of the Policy Manual review & revision team that is still reviewing the final product. She thanked District 2 for providing refreshments for November Assembly meeting.

To stay informed, please read or circulate this ALAGRAM at your group's weekly meeting or business meeting. You may also view it at our website nj-al-anon.org

Corresponding Secretary/Group Records

Coordinator: Robin C. reminded that the group GR1 form is to be returned to WSO every year even if no changes are made.

Treasurer: Submitted by Audrey G. The Account Balances as of 10/23/18:

Checking Account: \$12,605.86

Savings Account: \$15,690.54

Total: \$28,296.40

COORDINATOR REPORTS

Literature: Kathy B. reported that

- Intimacy in Alcoholic Relationships (B-33) has sold 35,000 copies. It is out of stock.
- Just for Tonight bookmark approved & will be available in English, Spanish & French.
- Sharings are needed for the book "From Survival to Recovery" (B-21) & "Al-Anon Sharings from Adult Children (P-47)

Website: Angela R. reported about website visit numbers and trends. She also reported that the NJ Assembly website is a secure site with SSL protection.

Alateen: Sue C. reported that AMIAS training sessions were held on June 9, June 10, and September 16. Sue thanked for the opportunity to serve as the NJ Alateen Coordinator as she stepped down from the position.

HIGHLIGHTS FROM NJ AREA DISTRICTS

District 2: Has 12 groups. Distributed copies of "Al-Anon Faces Alcoholism 2018" to colleges. Planning other outreach products like PSAs, Newspaper Ads, Placemats in diners. Has started planning Day of Sharing

District 3: Looking for a District Rep. Distributing "Al-Anon Faces Alcoholism 2019" to local public & private entities.

District 20/21: Representation continues to grow. Third Unity Fellowship Day was held on 9/29/2018 at the Stone Hill Church in Princeton. It was entitled "My Recovery Journey" and got ~ 40 attendees.

District 22: Discussed role of GR, overview of Assembly & its role, importance of attending Assembly meetings. Will be printing meeting list cards for every group. Plans to work with District 25. Will be picking up some activities lost due to closing of SJIS.

District 27: Delivered love gifts for Ann Marie to carry to WSC. Decided to allocate stipends to assist new groups.

OTHER HIGHLIGHTS

Assembly Elections were held at the November Assembly for the following positions:

- Chairperson
- Delegate
- Alternate delegate
- Treasurer
- Recording Secretary

The new Panel 59 will take office starting Jan 1, 2019.

GROWTH AND RECOVERY THROUGH SERVICE

The NJ Area Assembly needs your help fill the position of **Archives Coordinator**. We are looking for members who want to continue to build self-confidence, self-esteem, and trust and gain a greater understanding of how to apply Al-Anon's spiritual principles. Are you this member? Are you ready to experience *growth and recovery*.

Archives Coordinator – 3 year term

Responsibilities include - attending 3 AWSC and 3 Assembly meetings per year, making sure that the Archives are kept up to date and are available for presentation at Jal-Con and the AA conventions with Al-Anon Participation. The Archives are located in a storage area in Woodbridge NJ.

More than 1 in 4 members first heard about Al-Anon from professionals such as counselors, therapists and social workers.

– Taken from 2018 Al-Anon Membership Survey