



ALAGRAM ~ Fall 2018

NJ Area Assembly Newsletter

Next NJ Assembly Meeting on Saturday, November 3, 2018

Where:

Middlesex County Fire Academy
1001 Fire Academy Drive
Sayreville, NJ 08872

When:

New Group Representatives - 9:00AM
Refreshments & Fellowship - 9:30AM
Assembly Meeting – 10:00AM - 3:00PM

Who:

All Group Representatives (GRs)
District Representatives (DRs), Officers
Coordinators and Service Arms' Liaisons
All Al-Anon members are welcome.

*Morning refreshments will be provided by
District #2*

*Attending Members - Bring Your Own Brown
Bag Lunch*

IMPORTANT MESSAGE

Assembly Elections will be held at the November Assembly meeting.

Tradition Seven

***“Every group ought to be fully self-supporting,
declining outside contributions.”***

“In the simplest terms, this Tradition points out one of the cornerstones of the Al-Anon program of recovery. When individual members and groups understand that they are responsible for their own survival and progress, a great spiritual strength flows into each part as well as the whole. If I do my part and others do theirs, we do it together, and we don't need to ask someone else to do it for us.” *Al-Anon's Twelve Steps & Twelve Traditions, pages 116-117.*

The NJ Area Assembly needs your help. We need Al-Anon members who want to be connected with people who have experienced recovery at another level. We are searching for members who want to

continue to build self-confidence, self-esteem, and trust and gain a greater understanding of how to apply Al-Anon's spiritual principles. Are you this member? Are you ready to experience *growth and recovery* through *service*? Please consider standing up for one of the positions we will be voting on. These positions are a three (3) year commitment to attend 3 AWSC and 3 Assembly meeting per year beginning January 2019:

Open NJ Assembly Officer Positions

- Chairperson
- Delegate
- Alternate Delegate
- Treasurer
- Recording Secretary

Qualifications for NJ Assembly Officer Positions

“Election eligibility for any officer position, first qualification be a current or past District Representative (DR). If no eligible DR candidate volunteers, then the position be opened for current officers or coordinators or past officers or coordinators who have remained active at the Assembly level. If there are still no qualified volunteers, then the position will be opened to all members.”

“At Area Election, qualified members must be present to stand for elected positions.”

REGISTER TODAY

43rd NJ Al-Anon Convention

2018 JALCON

Saturday, October 13, 2018

8:30AM-6:00PM

**Georgian Court University, 517 Ninth Street
Lakewood, NJ 08701**

Highlights from the June Assembly

Chairperson: Rich M. (rmadden12@comcast.net) opened the meeting with a moment of silence and the Serenity Prayer. He explained the importance and role of the District Rep (DR).

Delegate: Ann Marie Z. recapped her experience at the 2018 World Service Conference 4/16-4/20 in West Harrison, NY. Theme of the conference was “Al-Anon – There is no standing still.”

Alternate Delegate: Donna S. (njaltdelegate@nj-al-anon.org) reminded that the Forum is a great tool and encouraged all groups to subscribe to the Forum. Assembly calendars are available for purchase. AMIAS training at Fire Academy are scheduled for 6/9/18, 6/10/18, 9/16/18. She thanked Districts 16 & 17 for providing refreshments for June Assembly meeting.

Recording Secretary: Jesse A. provided minutes of March 3, 2018 Assembly meeting.

Corresponding Secretary/Group Records Coordinator: Robin C. (cs.njassembly@yahoo.com) provided an update of changes to meetings in NJ Area Assembly. All groups are encouraged to set up email addresses

Treasurer: Submitted by Audrey G. The Account Balances as of 3/31/18:

Checking Account: \$ 7,504.22

Savings Account: \$15,686.61

Total: \$23,190.83

COORDINATOR REPORTS

Literature: Kathy B. (just42day.36@gmail.com) reported that a new pamphlet is available for sale called *Understanding & Hope for Parents & Grandparents* (P-94). Sharings are needed for daily reader about Steps, Traditions and Concepts of Service. Sharings are also needed for CAL Corner about how CAL has helped members with their recovery.

Website: Angela R. (webmaster@nj-al-anon.org) reported that the Meetings list on NJ Al-Anon website (www.nj-al-anon.org) is directly powered by WSO Meeting list. She also reported about website visit numbers and trends. Key insight was that most of these visitors looked for meetings on their mobile devices.

LIAISON REPORTS

South Jersey Information Services (SJIS): Ken discussed status of dissolution of SJIS. It is expected in the upcoming months.

JALCON: Trustee Representative Sue H. discussed status of 2018 JALCON on 10/13/18 at Georgian Court University in Lakewood, NJ. Pre-registration form can be found on NJ Assembly website (nj-al-anon.org). JALCON is looking for 2019 Hotel Liaison and Committee members as well as Trustee members.

OTHER HIGHLIGHTS

Annual Assembly Picnic: Lauren F. reminded that the Annual Picnic hosted by District 19 will be held on 8/5/18 at the Turkey Swamp. Ticket cost is \$5.

2019 Road Trip: Mary F. discussed hosting members of WSO in NJ in 2019 in Atlantic City. Motion was passed (30-1) to allow District 27 to apply for 2019 Road Trip.

2017 Financial Audit Report: The report was submitted and unanimously accepted by Area Assembly.

HIGHLIGHTS FROM NJ AREA DISTRICTS

District 3: Conducted third annual “Getting to Know You, Potluck Lunch/Silent Auction” on 4/14/18. Besides fellowship & food, they also raised over \$350.

District 16: Celebrated district-wide Day of Unity on 4/22 uniting members across the district & raising funds for their public outreach projects.

District 20/21: did a public outreach project by distributing Al-Anon Face Alcoholism to the community.

District 22: is ensuring every group has a GR & participates in district.

District 27: conducted a free pot luck supper on 3/10 and has volunteered to host 2019 Road Trip in Atlantic City.

To stay informed, please read this *ALAGRAM* at your group’s weekly meeting or business meeting. You may also view it at our website www.nj-al-anon.org