



# ALAGRAM ~ Spring 2018

## NJ Area Assembly Newsletter

### New Jersey Assembly Meeting Saturday, June 2, 2018

New Group Representatives Meet at 9 AM  
New District Representatives Meet at 9 AM  
Morning Refreshments & Fellowship 9:30 AM  
Assembly Meeting - 10 AM to 3 PM  
Middlesex County Fire Academy  
1001 Fire Academy Drive  
Sayreville, NJ 08872

*All Group Representatives (GRs), District Representatives (DRs), Officers, Coordinators and Service Arms' Liaisons are asked to please attend and all Al-Anon members are welcome.*

#### **Morning Refreshments Provided By Districts 16 & 18**

*Monmouth Northwest & Monmouth Southeast*  
**All Members Please Bring Your Own Brown Bag  
Lunch**

TO STAY INFORMED, PLEASE READ OUR  
ALAGRAM AT YOUR GROUP'S WEEKLY  
MEETING OR BUSINESS MEETING. YOU MAY  
ALSO VIEW IT AT OUR WEBSITE:

[www.nj-al-anon.org](http://www.nj-al-anon.org)

#### **Tradition Seven**

***“Every group ought to be fully self-supporting,  
declining outside contributions.”***

“In the simplest terms, this Tradition points out one of the cornerstones of the Al-Anon program of recovery. When individual members and groups understand that they are responsible for their own survival and progress, a great spiritual strength flows into each part as well as the whole. If I do my part and others do theirs, we do it together, and we don't need to ask someone else to do it for us.” *Al-Anon's Twelve Steps & Twelve Traditions, pages 116-117.* At this time, the NJ Area Assembly is not fully supporting. Various coordinator positions are currently vacant, including the Archives Coordinator and Alagram Coordinator. The NJ Area Assembly

needs your help. We need Al-Anon members who want to be connected with people who have experienced recovery at another level. We are searching for members who want to continue to build self-confidence, self-esteem, and trust and gain a greater understanding of how to apply Al-Anon's spiritual principles. Are you this member? Are you ready to experience *growth and recovery* through *service*? Please consider stepping up for one of our vacant coordinator positions:

#### **Archives Coordinator**

The Archives Coordinator. Term of service ends 12/31/18. Attend 3 AWSC and 3 Assembly meetings per year. Make sure that the Archives are kept up to date and are available for presentation at Jal-Con and the AA conventions with Al-Anon Participation. The Archives are located in a storage area in Woodbridge NJ.

#### **Alagram Coordinator**

The Alagram Coordinator: Term of Service ends 12/31/18. Attends 3 AWSC meetings and 3 Assembly meetings. Modifies the template for the Alagram to reflect the recent events at the most recent Assembly and the events to be discussed at the next Assembly. This is done 3 times a year and needs to be mailed to all the groups. Mailing list for labels is prepared by the corresponding secretary. It is printed by Staples.

#### **Highlights from the March Assembly**

**Chairperson:** Rich M. opened the meeting with the Serenity Prayer and the reading of the Traditions and the Concepts.

**Delegate:** Ann Marie Z. discussed the 2018 World Service Conference, scheduled for April 16 through the 20<sup>th</sup> in West Harrison, NY. The Theme of the Conference will be “Al-Anon –This is no standing still!” Love gifts can be sent to Ann’s home address to be received by April 13<sup>th</sup>. Ann also discussed Al-Anon’s 2018 International Convention to be held in Baltimore, Maryland on July 6<sup>th</sup> through the 8<sup>th</sup>. The theme of the convention is “Celebrating One Day at a Time”. Registration is still open. Visit <https://al-anon.org> for more information and to register.

**Alternate Delegate:** Donna S. thanked District #23, Ocean North, for providing the refreshments for the March Assembly meeting. A request was made for a volunteer to provide refreshments for the June Assembly meeting. Districts 16 & 18 volunteered. Donna passed around the 7<sup>th</sup> tradition basket and the Ask it Basket. Donna reported that applications were submitted to the Middlesex County Fire Academy for use of the facilities for AWSC and Assembly meetings in 2018.

**Recording Secretary:** Jesse A. provided the minutes from the November 4, 2017 Assembly meeting.

**Corresponding Secretary/Group Records**

**Coordinator:** Robin A. volunteered to fill the position of Corresponding Secretary. A vote was taken and the members of the Assembly elected Robin to this position.

**Treasurer:** The Account Balances as of 12/31/17:

Checking Account: \$ 10,637.16  
Savings Account: \$ 15,684.67  
Total: \$ 26,321.83

**COORDINATORS REPORTS**

**Alagram:** Donna continues to fill in as the Alagram coordinator. With Rich M.’s help the winter edition of the Alagram was mailed to the group’s current mailing address (CMA) in February and was also sent to the website coordinator for uploading on the Assembly’s website. A paragraph addressing Tradition Seven – “Every group ought to be fully self-supporting, declining outside contributions” was included in order to bring attention to the fact that with service positions open, the NJ Area Assembly is

not fully self-supporting. We really need your help to fill the vacant positions.

**Alateen:** No report

**Literature:** Kathy B. requested information for the 2019 Calendar. Specifically she needs dates for group anniversaries, district workshops, and photos to be included in the calendar. No full face, printed name or copyright photos will be included.

**Public Outreach:**

**Website:** Angela presented information about linking the Area’s website directly to World Service Office’s meeting link. After the presentation and discussion, a motion was made to link the Area with the WSO meeting list. A vote was taken and the motion carried 31-0-0.

**June Assembly  
Agenda Highlights**

In addition to updates from the NJ Area 36 Assembly Officers and Coordinators, there will be presentations and discussions on the following topics: Ann Marie Z. will present information from the 2018 World Service Conference. The Audit committee will present the 2017 Financial Audit long with their recommendation for the NJ Assembly’s 2018 ample reserve. In addition there will be a presentation and discussion regarding putting in a bid for the 2019 Trustee Road Trip.

**Spread the Word!**

The 2018 International Convention will be held Friday, July 6 to Sunday, July 8, 2018 right in Baltimore! The link for registration is available now on the Public Outreach site <https://al-anon.org>. Look at the very top of the screen (in the blue section). Click on the words "2018 International Convention Registration" and you will be taken to this screen where you can “Register Now Online”